

St Mary's CE Primary School – Early Help Support Offer

At St Mary's CE Primary School, Rawtenstall we aim to provide timely, targeted support for children and families, promoting wellbeing, resilience, and positive outcomes.

Our Approach: We adopt a whole-family, strengths-based model that identifies and addresses emerging needs early. Support is delivered in partnership with families, other professionals, and community services.

Key Support Services Available For Parents & Families:

- Emotional support and guidance from school staff and led by the Headteacher or SENDCO.
- Help with referrals to external agencies (e.g. housing, mental health).
- Support completing forms (e.g. grant applications, school transitions and admissions).
- Access to Lancashire's Early Help Assessment (EHA) and planning tools.
- Signposting to CFW services, including Talkzone and Family Support Workers.
- Early Adopter Free Breakfast Club initiative to support family routines, nutrition and support with daily attendance.

For Children:

- Nurture groups and sensory circuits to support emotional regulation.
- Zones of Regulation and Inside Out programme for mental health awareness.
- Staff check-ins and bespoke interventions for vulnerable pupils.
- Circle Time and theme days promoting wellbeing, safety, and inclusion.
- School nurse access and SEND support meetings.

Referral & Assessment Process: Concerns raised by staff, parents, or pupils can lead to an Early Help Assessment. A Lead Practitioner is assigned to coordinate support. Multi-agency collaboration ensures the right help is provided at the right time. Families are involved throughout, with consent and voice central to planning.

Impact & Outcomes: Improved attendance, behaviour, and engagement. Reduced escalation to statutory services. Strengthened family relationships and resilience. Enhanced pupil wellbeing and academic progress.

Governance & Accountability: The offer is reviewed annually by the Senior Leadership team. Outcomes are monitored through pupil progress, attendance, and family feedback. Governors receive termly updates on Early Help activity and impact.